



Courtney Sodano <csodano@needhamfarm.org>

[ncf info] August 2025 Newsletter

'Needham Community Farm' via Information <info@needhamfarm.org>

Tue, Aug 19, 2025 at 7:33 PM

Reply-To: office@needhamfarm.org

To: info@needhamfarm.org



August 2025 Newsletter

Notes From the Field

Hey folks,

Mid-August brings lots of big changes for us! Sadly we are saying goodbye to three key members of our team: Max has been an assistant grower this summer. He brought a ton of experience from the Natick Community Organic Farm and it shows. He is always ready for a new challenge, is very focused and hardworking, and can always fix things with little pieces (which I can't see!) We wish Max the best as he heads off to UVM and hope he will come back to visit and maybe work with us again!

Mari has been an intern this summer and has soaked up lots of new skills and knowledge quickly! Mari is in the same position as I was 10 years ago - going to Smith College, exploring food and agriculture, and trying to figure out what type of work she'd like to do in that realm. She has brought great energy and experience to the Farm and we hope she'll also be back!

Finally, we are SO sad to say goodbye to Sasha! Sasha and I started together as the new team managing the Farm nearly two years ago. We work very well together and balance each other out. Sasha has done an incredible job teaching classes at the Farm, running our volunteer programs, and managing our operations when I'm away. She will be teaching at an outdoor preschool and those kids are so lucky to have her. We know she'll bring the same curiosity and dedication to that role. She may be back for classes as well so we may not really have to say goodbye! I know that regardless she will remain a great friend to me.

With all these changes, our Assistant Grower Courtenay and I are hoping to have one more staff person join us this fall (see job postings below). While we are done with the bulk of our bed prep and planting, there is still plenty to do with 8 weeks of Summer CSA left, followed by 10 weeks of our Fall CSA!

See you on the Farm,

Avery Westa
Farm Manager

Fall CSA Registration: Register Now!



Registration for our Fall CSA is [open now!](#)

Please note that this CSA sells out very quickly, so be sure to sign up ASAP!

Details: The Fall CSA will be a 10 week CSA (1x weekly pickup) starting in October. Pickup locations in downtown Needham.

Vegetables: Squash, fennel, herbs, cabbage, onions, garlic, potatoes, lettuce, and much more! *NEW this year:* shallots, rutabaga, celeriac and parsnips!

Cost: \$300

[Register Today!](#)

Save the Date: Fall Seedling Sale + Open House!



Come join us on the Farm for this new and exciting day of fun: Our annual **Open House** is back but this year we're also adding a **FALL Seedling Sale** and Workshop!

Date + Time: Sunday September 7, 2025

Location: [145 Pine St, Needham MA](#) (Needham Community Farm)

Time: 9am - noon*

Our Open House will feature our resident bee station, scavenger hunt, a walk and talk with our Farm staff, and more! The Seedling Sale will take place at the same time and location and will feature greens, scallions, root veggies, cabbage, and more!

*Be sure to [register](#) for our Fall Gardening

Workshop, taking place at 11am during the Open House and Seedling Sale!

Register Now: Fall Gardening Workshops



Register now for our new workshop offering: Fall Gardening! Taking place at the Open House!

Date + Time: Sunday September 7, 2025

Location: [145 Pine St, Needham MA](#) (Needham Community Farm)

Time: 11am-noon

Fall Gardening: Have you ever wanted to learn how to garden in the fall? Grab some Seedlings at our Fall Seedling Sale, and then make sure to register for this great workshop, where you'll learn the ins and outs of planning and planting during this beautiful season. Plus all participants receive a free seed packet!

[Register Now](#)

Volunteer Opportunities: Help Us Close Out Summer!



We are still in high harvest season, but looking towards the fall! We can always use extra hands as we finish out the summer and prep for cooler days. Register now to help us weed, turn over beds, spread compost, and more: [Register to Volunteer - Summer](#)

Too busy to commit the rest of the summer? Sign up for the cooler months now: [Register to Volunteer - Fall](#)

We still have some slots open for Harvest Volunteers! Harvest volunteers play a key role, so we ask for 5 Fridays (not consecutive) as a commitment. Sign up and please review all details: [Harvest Volunteer](#)

Meet our Interns + Seasonal Staff: Mari and Courtenay

Courtenay is a former youth services librarian with a passion for social justice. She has years of experience with community building and was very excited to get the opportunity to step out from behind the library desk and serve her community more directly. Courtenay's favorite parts of working at the farm are addressing food insecurity through the mobile markets, and working with volunteers of all ages. When she's not at the farm, Courtenay can be found making art, reading books, and spending time with her wife and cats.



Mari is a rising senior at Smith college studying environmental science & policy with a focus on sustainable food systems. In the past, she has worked as a counselor at farm-based summer camps, sparking an interest in learning to grow her own food. One of her favorite things about working at the farm is meeting community members and sharing produce through the farm's free mobile markets every week. She is passionate about food justice and hopes to continue to help bridge the gaps in food access in the future. Her favorite veggie to grow and harvest this summer has been garlic.

Now Hiring: Farm Staff



NCF is now hiring two key staff members: The Assistant Farm Manager, and the Assistant Grower. Both of these roles play a pivotal part in our mission, and work from our fields on Pine St.

The Assistant Farm Manager will be responsible for assisting in the management of all aspects of farm operations, which includes fieldwork as well as leading youth and adults in educational programming and volunteer days on the farm.

[Apply Now>>](#)

The Assistant Grower(s) will work closely with Farm staff to assist in all aspects of the Farm's vegetable production and food distribution. [Apply Now>>](#)

Buy a Bag: Support NCF!



Needham Community Farm has been chosen for Hannaford's Fight Hunger Reusable Bag program! For the month of August, NCF will receive \$1 for every \$2.50 reusable Fight Hunger Bag purchased at:

Hannafords on [55 Russell Street, Waltham MA](#)

Community Events

Beth Israel Lahey Health



BID-Needham: Youth Mental Health First Aid training opportunity

Beth Israel Lahey Health (BILH) is proud to offer Mental Health First Aid Training. Learn how to support your friends, family, and neighbors. The training is open to anyone and free of charge!

[Register for this important training here](#)

Farm View



The fields looking full and healthy on a warm August day.



Beautiful eggplant, just about ready to harvest

Donations always accepted!

Donations can be made by clicking on the button below, by visiting our website at needhamfarm.org or by sending a check made payable to the Needham Community Farm and mail to P.O. Box 920877, Needham, MA 02492.

Donate Now!



Thank You to Our 2024 - 2025 Food Donation Program Sponsors



Beth Israel Lahey Health 
Beth Israel Deaconess Needham



Needham Community Farm



Needham Community Farm | PO Box 920877 | Needham, MA 02492 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!